



GMU Center for Psychological Services

COVID-19 ESSENTIAL WORKERS EMOTIONAL SUPPORT LINE



8:30 AM- 8:30 PM, Mon-Fri
8:30AM - 4:00 PM, Saturday

Essential workers such as teachers, grocery store workers, and medical professionals can call to speak confidentially with a trained provider about stress, anxiety, depression, or grief for free. We are here to help!

703-215-1898

**Free therapy services
also available**